

Ozaukee County Senior Dining





SENIOR HOME DELIVERED MENU

SEPTEMBER 2019



♥ = Low Sugar Dessert

All meals served with 1% milk

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|--|--|--|--|---|--|
|  Labor Day 2 | TURKEY A LA KING SEASONED RICE BRUSSELS SPROUTS DILLED CARROT COINS PINEAPPLE JUICE CHOC. CHIP COOKIE ♥ FRESH ORANGE 3 | CHILLED ROAST BEEF & CHEDDAR W/ONION ROLL ICEBERG SALAD W/TOMATOES & DRESSING WATERMELON SUN CHIPS RICE KRISPIES TREAT ♥ FRESH FRUIT 4 | NFL KICKOFF TAILGATE PACKWURST ON A BUN W/PACKERKRAUT & KET. BEARS BAKED BEANS PACKERS POTATO SALAD WINDY WALDORF SALAD BEARS FROSTED BROWNIE ♥ FRUITED YOGURT 5 | BEEF STROGANOFF EGG NOODLES W/GRAVY DICED BEETS ROMAINE SALAD W/ ITALIAN DRESSING SOURDOUGH BREAD W/BUTTER FRESH PEAR 6 | |
| SWEDISH MEATBALLS MASHED POTATOES AND GRAVY 5-WAY MIXED VEG MANDARIN ORANGES CHERRY PIE ♥ FRESH APPLE 9 | SWISS STEAK MASHED POTATOES W/GRAVY PEAS & CARROTS WHOLE GRAIN BREAD W/BUTTER FRUITED YOGURT 10 | PEACHY PORK ROAST CHEESY POTATOES MAUI VEGETABLE BLEND PINEAPPLE CHUNKS DESSERT BAR ♥ FRESH FRUIT 11 | CHEESEBURGER ON WHEAT BUN, LETTUCE, TOM, ONION, KETCHUP, MUSTARD GREEN BEANS BAKED LAYS CHIPS FRESH APPLE CHOCOLATE CHIP COOKIE ♥ SUGAR FREE JELLO 12 |  Staff Training 13 | |
| PORK CHOP SUEY SOY SAUCE PACKET BROWN RICE ORIENTAL BLEND VEG COOK'S CHOICE FRUIT SNICKERDOODLE COOKIE ♥ ORANGE 16 | ROAST BEEF BAKED POTATO W/BUTTER & SOUR CREAM GREEN BEAN CASSEROLE PICKLED BEET & ONION SALAD FRESH FRUIT SALAD 17 | ST. LOUIS STYLE BBQ BONELESS RIBS MASHED SWEET POTATOES KEY LARGO VEGETABLES APPLE CRISP ♥ FRESH APPLE 18 | OPEN-FACED HOT TURKEY AND GRAVY OVER BREAD MASHED POTATOES AND GRAVY PEAS AND CARROTS FRUIT COCKTAIL FROSTED YELLOW CAKE ♥ FRESH FRUIT 19 | BRAT ON SAUSAGE ROLL KETCHUP/MUSTARD BAKED BEANS BROCCOLI SALAD CANTALOUPE COOKIE ♥ SUGAR FREE COOKIE 20 | |
| Fall Begins  BAKED HAM SCALLOPED POTATOES 5-WAY MIXED VEGETABLE PINEAPPLE TIDBITS ZUCCHINI MUFFIN ♥ FRESH PLUM 23 | GARLIC AND HERB GRILLED CHICKEN BREAST ROASTED RED POTATOES SPINACH SALAD WITH DRESSING MULTIGRAIN BREAD W/BUTTER FRESH PEAR 24 | BEEF ROULANDEN MASHED POT W/GRAVY SWEET AND SOUR RED CABBAGE APPLESAUCE BLACK RYE BREAD W/BUTTER GERMAN CHOC CAKE 25 | OVEN ROASTED CHICKEN ON THE BONE BROWN RICE WITH GARLIC HERB SAUCE GREEN BEAN CASSEROLE WATERMELON 26 | MEATLOAF W/GRAVY GARLIC MASHED & GRAVY DILL CRINKLE CUT CARROTS 7 GRAIN BREAD W/BUTTER MIXED FRUIT CUP BANANA CAKE W/CREAM CHEESE ICING ♥ BANANA 27 | |
| CREAMY MUSHROOM CHICKEN BREAST BABY RED W/BUTTER WINTER BLEND VEG CANTALOUPE CHOCOLATE MOUSSE ♥ DIET PUDDING 30 | <p>Spontaneity is what being a grandparent is all about. It's when you enter your grandchild's world and let him take you with him. Whatever transpires is Magic.</p> | | | Grandparents Day ~ Sunday, September 8  | |

Lunch is served 11am - 1pm* Menu is subject to change

Aging and Disability: (262) 284-8120