



# Ozaukee County Senior Dining

## HOME DELIVERED MENU

# FEBRUARY



♥ = Low Sugar Dessert

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Did you Know? Facts about February...</b> Feb.2 Candlemas Day, a festival marking the midpoint of winter February is also know for the SuperBowl, Feb. 4th 2018 @ 5.30pm This year February has 28 days, 2020 will be the next leap year with 29 days. Birthstone: Amethyst Flower: Violet Two zodiac signs - Aquarius (Jan. 20-Feb. 18) and Pisces (Feb. 19-Mar. 20) February is the most misspelled of all the months. National Bird-Feeding Month			Salisbury Steak <sup>1</sup> Mashed Potatoes w/Gravy Buttered Sweet Corn Sourdough Bread w/Butter Ice Brownie ♥ Banana	<i>Groundhog Day</i> <sup>2</sup> Sloppy Joe Whole Wheat Bun American Potato Salad Carrot Raisin Salad Rice Krispie Treat ♥ Canned Pears
Grilled Chicken Breast <sup>5</sup> on a Hard Roll w/Lettuce & Tomato Mayonnaise Packet Broccoli & Cauliflower Baked Lays Potato Chips Fruit Salad	French Dip <sup>6</sup> w/Au Jus Sub Roll Bow Tie Pasta Italian Vegetable Blend Crusty Roll w/Butter Peaches Yogurt	Chicken Cordon Bleu <sup>7</sup> Wild Rice Blend 5-way Mixed Vegetable Seven Grain Bread w/Butter Cinnamon Apple Slices	Swedish Meatballs <sup>8</sup> Quinoa Pilaf California Blend Veg Dinner Roll w/Butter Seasonal Fresh Fruit Tapioca Pudding ♥ Diet Pudding	Vegetarian Lasagna <sup>9</sup> Dill Carrot Coins Italian Bread w/Butter Fruit Cocktail Fruit Crisp ♥ Yogurt
Peachy Pork Roast <sup>12</sup> Cheesy Diced Potato Casserole Mixed Vegetables Potato Dinner Roll w/Butter Fruited Yogurt	<i>Fat Tuesday</i> <sup>13</sup> Mild Sausage  Jambalaya Seasoned Corn Black-Eyed Pea Salad Fruited Cream Jello Paczki	<i>Valentine's Day</i> <sup>14</sup> Baked Cod w/ Tartar Sauce & Lemon Wedge Baked Potato w/ Sour Cream & Butter Green Bean Almondine Waldorf Salad  Love Knot Dinner Roll Strawberry Mousse	Vegetable Pasta <sup>15</sup> Primavera with Linguini Deluxe Salad w/Grape Tomatoes, Parmesan Cheese & Italian Dressing Garlic Bread Red Velvet Cake ♥ Sugar Free Cookie	<i>Chinese New Year</i> <sup>16</sup> Garlic Sesame Chicken  Brown Rice Soy Sauce Packet Pea Pods Vegetable Spring Roll Pineapple Chunks Almond Cookie
<i>President's Day</i> <sup>19</sup> Meat Loaf  Mashed Sweet Potatoes w/Butter Coleslaw Rye Bread w/Butter Apricots Gingerbread Cookie	Hearty Chili Mac <sup>20</sup> Sour Cream, Shred Cheese Crackers Corn Bread Muffin w/Butter Canned Pears Cherry Pie	Oven Baked Chicken <sup>21</sup> on the bone Mashed Potatoes w/Gravy Herbed Roasted Root Vegetables Wheat Roll w/Butter Baker's Choice Cookie ♥ Fresh Fruit	Pork Cutlet <sup>22</sup> Mushroom-Quinoa Risotto California Blend Veg Whole Wheat Bread w/Butter Peaches	Hungarian Goulash <sup>23</sup> Buttered Noodles Peas & Carrots Rye Bread w/Butter Grape Juice Banana Bread ♥ Sugar Free Choc. Pudding
<i>Winter Olympics</i> <sup>26</sup>  Grilled Chicken Breast Yellow Squash Vegetable Medley Black Beans & Rice Strawberries & Blueberries Lime Gelatin	Bratwurst on a bun <sup>27</sup> Ketchup & Mustard Pkt. Cream Dill Cucumber Salad American Potato Salad Iced Brownie ♥ Sugar Free Cookie	Stuffed Cabbage Roll <sup>28</sup> Mashed Potatoes w/Gravy Harvard Beets Rye Bread w/Butter Tapioca Pudding ♥ String Cheese	 No act of <b>KINDNESS</b> no matter how small is ever wasted.	

PLEASE CALL BY NOON TO ORDER OR CANCEL A MEAL THE DAY PRIOR TO RECEIVING THE MEAL 262-284-8120