



Ozaukee County Senior Dining

ADRC COMMUNITY CAFE'S MONTHLY MENU

MARCH 2019



♥ = Low Sugar Dessert

All meals served with 1% milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>It's spring fever. That is what the name of it is. And when you've got it, you want-oh, you don't quite know what it is you do want, but it just fairly makes your heart ache, you want it so! <i>Mark Twain</i></p> 				<p>BAKED CHICKEN QUARTER ¹ BAKED SWEET POTATO W/BUTTER SPINACH SALAD WITH DRESSING DINNER ROLL W/BUTTER FRESH ORANGE DESSERT BAR ♥ FRUIT</p>
<p>WW SPAGHETTI & MEATBALLS ⁴ TOSSED SALAD W/ SHREDDED CHEESE, CROUTONS/DRESSING ITALIAN BLEND VEG BANANA ITALIAN BREAD W/BUTTER FROSTED YELLOW CAKE ♥ FRUITED YOGURT</p>	<p>Fat Tuesday ⁵ ROAST BEEF GARLIC MASHED POTATOES W/GRAVY SEASONED GREEN BEANS ITALIAN BREAD W/BUTTER FRUIT COMPOTE PACZKI</p>	<p>Ash Wednesday ⁶ OVEN FRIED FISH COLESLAW SCALLOPED POTATOES MELON WEDGE RYE BREAD W/BUTTER CHOCOLATE PUDDING ♥ FRUIT</p>	<p>⁷ MEAT LASAGNA SWEET BUTTERED CORN DICED PEARS TOSSED SALAD W/DRESSING PUMPKIN BREAD</p>	<p>⁸ CHEESE OMELET W/ GREEN PEPPERS, ONIONS HASHBROWN GRAPES V-8 JUICE APPLE TURNOVER ♥ APPLE SLICES</p>
<p>¹¹ SCALLOPED POTATOES WITH HAM PEAS AND CARROTS BUTTERED SWEET CORN BISCUIT W/BUTTER FRUIT COCKTAIL</p>	<p>¹² OVEN ROASTED TURKEY ON HERBED STUFFING WITH TURKEY GRAVY MASHED POTATOES W/ TURKEY GRAVY GREEN BEAN CASSEROLE MANDARIN ORANGES</p>	<p>¹³ IRISH BEEF STEW CARROTS AND CABBAGE PARSLEY BABY BAKERS IRISH SODA BREAD W/BUTTER SHAMROCK CAKE GREEN GRAPES</p>	<p>¹⁴ St. Patrick's Day SHAVED RUEBEN SANDWICH WITH SAUERKRAUT, MARBLE RYE BREAD, SWISS CHEESE, THOUSAND ISLAND BAKED LAY POTATOES CUCUMBER SALAD MINT FROSTED BROWNIE</p>	<p>¹⁵ CREAM OF MUSHROOM SOUP/CRACKERS TUNA SALAD/KAISER ROLL SHREDDED LETTUCE RED CABBAGE SLAW W/ CRANBERRIES FRESH FRUIT SALAD</p>
<p>¹⁸ BEEF W/BROCCOLI VEGETABLE FRIED RICE VEGETABLE EGG ROLL SWEET & SOUR SAUCE MANDARIN ORANGES ALMOND COOKIE ♥ SUGAR FREE COOKIE</p>	<p>¹⁹ PIZZA CASSEROLE 5-WAY MIXED VEGETABLE ROMAINE SALAD W/ GOLDEN ITALIAN DRESSING WARM BREADSTICK W/BUTTER FRESH APPLE</p>	<p>²⁰ 1st Day of Spring SPLIT PEA W/HAM SOUP W/CRACKERS SLOPPY JOE WW BUN GREEN BEANS FRESH APPLE DESSERT BAR ♥ FRUITED YOGURT</p> 	<p>²¹ SALISBURY STEAK MASHED POTATOES W/GRAVY SWEET PEAS SOURDOUGH BREAD W/BUTTER PEACH HALF</p>	<p>²² BAKED FISH/TARTAR SAUCE TATOR TOTS DILL BABY CARROTS WHEAT BREAD W/BUTTER FRESH FRUIT DESSERT BAR ♥ YOGURT</p>
<p>²⁵ LEMON PEPPER CHICKEN BREAST GARLIC MASHED POTATO COOK'S CHOICE VEG WHEAT ROLL W/BUTTER GERMAN CHOC. CAKE ♥ FRESH ORANGE</p>	<p>²⁶ CHICKEN STEW MASHED POTATOES STEWED TOMATOES WHOLE GRAIN BREAD W/BUTTER SPICED APPLE SLICES</p>	<p>²⁷ STUFFED CABBAGE ROLL BABY BAKERS POTATOES WITH BUTTER BEET & ONION SALAD RYE BREAD W/BUTTER TAPIOCA PUDDING ♥ FRESH ORANGE</p>	<p>²⁸ Brewers Opening Day! BRATWURST ON A BUN KETCHUP & MUSTARD BAKED BEANS POTATO SALAD PEACH SLICES APPLE PIE ♥ FRESH APPLE</p> 	<p>²⁹ CRAB PASTA SALAD CARROT RAISIN SALAD BRAN MUFFIN W/BUTTER FRUIT COCKTAIL CHOCOLATE PUDDING ♥ DIET PUDDING</p>

Lunch is served at Noon* Menu is subject to change

Aging and Disability: (262) 284-8120