

Ozaukee County Senior Dining

CONGREGATE MENU

JANUARY



♥ = Low Sugar Dessert

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p>	<p>2</p>	<p>3</p> <p>Lemon Pepper Chicken Breast Spiral Pasta with Sauce 5-Way Mixed Veg Dinner Roll w/Butter Butterscotch Pudding ♥ Diet Pudding</p>	<p>4</p> <p>Meatloaf/Ketchup Baby Red Potatoes w/Butter Stewed Tomatoes Bread w/Butter V8 Juice Ice Cream ♥ Canned Peaches</p>	<p>5</p> <p>Open Faced Turkey Sandwich with Gravy Mashed Potatoes w/Gravy Brussels Sprouts Tossed Green w/Italian Rice Krispie Treat ♥ Canned Pears</p>
<p>8</p> <p>Cranberry Meatballs Roasted Red Potatoes Oriental Vegetable Blend Dinner Roll w/Butter Snickerdoodle Cookie ♥ Fruit Cup</p>	<p>9</p> <p>Polish Sausage German Sauerkraut German Pot. Salad Rye Bread w/Butter Ketchup & Mustard Fresh Orange Oatmeal Raisin Cookie ♥ Raisins</p>	<p>10</p> <p>Green Pepper Casserole Whole Baby Carrots Garlic Bread Stick Banana Apple Pie ♥ Applesauce</p>	<p>11</p> <p>Chicken Stroganoff Parsley Buttered Noodles Red Cabbage Romaine Salad w/Ranch Wheat Bread w/Butter Mandarin Oranges</p>	<p>12</p> <p>Hamburger on Bun Ketchup/Mustard Baked Beans Waldorf Salad Blueberry Muffin Fresh Fruit</p>
<p>15</p> <p>Boneless Pork Loin w/Sage Gravy Brown Rice Harvard Beets Multi-Grain Dinner Roll w/Butter Strawberry Ice Cream ♥ Fresh Banana</p>	<p>16</p> <p>Italian Wedding Soup Crackers Cottage Cheese Romaine Salad w/Tomatoes & Parmesan Cheese Italian Dressing Italian Bread w/Butter Apricots</p>	<p>17</p> <p>Oven Roasted Turkey w/Gravy Herbed Stuffing Country Vegetables Dinner Roll w/Butter Carrot Cake w/Cream Cheese Frosting ♥ Banana</p>	<p>18</p> <p>Old Fashioned Beef Stew w/Mashed Potatoes Cucumber Salad Rye Bread w/Butter Apple Crisp ♥ Apple Slices</p>	<p>19</p> <p>BBQ Country Style Rib Creamy Coleslaw American Potato Salad Sugar Cookie ♥ Sugar Free Cookie</p>
<p>22</p> <p>Lemon Herb Chicken Breast Baked Sweet Potato w/Butter Mediterranean Blend Vegetable Pineapple Wedge Dinner Roll w/Butter Blonde Brownie</p>	<p>23</p> <p>Shepard's Pie Spring Mix Salad w/French Dressing Bread w/Butter Sliced Peaches Chef's Choice Pie ♥ Fresh Fruit</p>	<p>24</p> <p>Chicken Marsala Whole Grain Pasta w/Garlic Pesto Sauce Winter Veg Blend Italian Bread w/Butter Pineapple Vanilla Pudding ♥ Fresh Pear</p>	<p>25</p> <p>Pork Cutlet Mashed Potatoes w/Gravy Green Beans Dinner Roll w/Butter Orange Sherbet ♥ Fresh Orange</p>	<p>26</p> <p>Breaded Fish Tartar Sauce pkt Macaroni & Cheese Crinkle Cut Carrots Rye Bread w/Butter Pineapple Tidbits</p>
<p>29</p> <p>Scalloped Potatoes w/Diced Ham Peas and Carrots Romaine Salad w/ Italian Dressing Warm Apple Slices</p>	<p>30</p> <p>Salisbury Steak w/Onions and Gravy Mashed Potatoes Buttered Sweet Corn Sourdough Bread w/Butter Iced Brownie ♥ Banana</p>	<p>31</p> <p>Pork Chop Suey w/Vegetables & Soy Sauce Whole Grain Brown Rice Pea Pods Wheat Dinner Roll w/Butter Ambrosia Fruit Fluff ♥ Fruit Cocktail</p>	<p>We wish you a HAPPY NEW YEAR Tomorrow, is the first blank page of a 365 page book. Write a good one.</p> <p style="text-align: right;">Brad Paisley</p>	

Lunch is served at Noon* Menu is subject to change

Aging and Disability: (262) 284-8120